JERSEY STORM SWIMMING (STRM)  
WINTER STRM MINI MEET  
DECEMBER 10-11, 2016  
@ GCIT (SEWELL, NJ)

<table>
<thead>
<tr>
<th>MEET HOST</th>
<th>JERSEY STORM SWIMMING (STRM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>SANCTION</td>
<td>Held under the sanction of USA Swimming and Middle Atlantic Swimming. <strong>Sanction # MA 1785 M</strong> In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</td>
</tr>
<tr>
<td>MEET DIRECTOR</td>
<td>JOHN FLETCHER</td>
</tr>
<tr>
<td>PHONE</td>
<td>609-617-1789</td>
</tr>
</tbody>
</table>
| LOCATION          | Pool name GLOUCESTER INSTITUTE OF TECHNOLOGY (GCIT)  
                      Street address 1360 TANYARD RD.  
                      City, state and zip SEWELL, NJ 08080  
                      Day of meet ONLY emergency phone (856) 468-1445 X2659 |
| FACILITY DESCRIPTION | This is an ☐ indoor ☐ outdoor pool with 2 pools, each with 8 lanes for competition, a Colorado 6000 timing system with a 2 x 8 line scoreboard and Competitor lane lines. The meet will be conducted in ☐ SCY ☐ SCM ☐ LCM. Deck seating for 450 and spectator seating for 450. Parking 500  
                      Hospitality Yes - Coach, Official, & Meet Volunteer hospitality provided.  
                      Snack bar Yes - Snack bar will be open (run by the school). |
| WATER DEPTH       | The depth of the water at the start end of the pool is Pool A 10 feet / Pool B 5 feet and at the turn end is Pool A 10 feet / Pool B 5 feet. |
| EVENTS            | This meet will be conducted in accordance with the attached schedule of events. |
| ENTRIES OPEN      | OCTOBER 15, 2016             |
| ENTRY DEADLINE    | NOVEMBER 27, 2016 at 11:59 PM |
| ENTRY FEES        | Individual Events: $5.00 Relay Events: $10.00 |
| ENTRY LIMITs      | 5 Individual Events per day (excluding relays). 1 Relays per day MEET ENTRY LIMIT: 12 |
| ELIGIBILITY        | All entrants must be registered members of USA Swimming. Age *as of the first day of the meet* determines eligibility. This meet is open to ALL 8 & Under USA swimming registered swimmers. |
| ON-SITE REGISTRATION | On-site registration ☐ will ☐ will not be accepted at this meet. All swimmers must be registered prior to the start of the meet. |
| ENTRY PROCEDURES | • The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.  
                      • Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded last. NT entries ☐ will ☐ will not be accepted.  
                      • Entries must be submitted electronically in a format compatible with Hytek meet management software.  
                      • All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information  
                      • Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek’s TM Lite (TM Lite or equivalent) for entry submission. Manual (paper) entries are subject to a $15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional $25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found [here](#).  
                      • **FINAL** entry payments and any necessary reports must be mailed or e-mailed to the entry chair by December 2, 2016 Include Meet Entry Summary with payment. |
| MEET ENTRY CHAIR  | JOHN FLETCHER                |
| PHONE             | 609-617-1789 (no calls before 9:00 AM or after 9:00 PM) |
| E-MAIL ENTRY FILES TO | MEETDIRECTOR@JERSEYSTORMSWIMMING.ORG |
| MAIL CHECKS/ REPORTS | JERSEY STORM SWIMMING  
                      C/O JOHN FLETCHER |
### Session 1

Saturday, December 10, 2016 - Day of the Meet: 1  
Age Groups: 8&U  
Shallow Pool (Pool B): 8&U Girls & Boys  
Warm-Up: 12:00PM / Meet Starts: 12:30PM

<table>
<thead>
<tr>
<th>GIRLS</th>
<th>EVENT</th>
<th>BOYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>8&amp;U 100 FR</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>8&amp;U 25 BK</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>8&amp;U 50BR</td>
<td>6</td>
</tr>
<tr>
<td>7</td>
<td>8&amp;U 25 FL</td>
<td>8</td>
</tr>
<tr>
<td>9</td>
<td>8&amp;U 50 FR</td>
<td>10</td>
</tr>
<tr>
<td>11</td>
<td>8&amp;U 100 Medley Relay</td>
<td>12</td>
</tr>
</tbody>
</table>

Notes:  
1. All events swum in Shallow Pool (Pool B)  
2. All individual events will be seeded and swum as 8&U but will be awarded separately by age: 8, 7, and 6&U.  
3. All relay events will be seeded, swum and awarded as one age: 8&U.

### Session 2

Saturday, December 11, 2016 - Day of Meet: 2  
Age Groups: 8&U  
Shallow Pool (Pool B): 8&U Girls & Boys  
Warm-Up: 12:00PM / Meet Starts: 12:30PM

<table>
<thead>
<tr>
<th>GIRLS</th>
<th>EVENT</th>
<th>BOYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>13</td>
<td>8&amp;U 100 IM</td>
<td>14</td>
</tr>
<tr>
<td>15</td>
<td>8&amp;U 50 BK</td>
<td>16</td>
</tr>
<tr>
<td>17</td>
<td>8&amp;U 25 BR</td>
<td>18</td>
</tr>
<tr>
<td>19</td>
<td>8&amp;U 50 FL</td>
<td>20</td>
</tr>
<tr>
<td>21</td>
<td>8&amp;U 25 FR</td>
<td>22</td>
</tr>
<tr>
<td>23</td>
<td>8&amp;U 100 Free Relay</td>
<td>24</td>
</tr>
</tbody>
</table>

Notes:  
1. All events swum in Shallow Pool (Pool B)  
2. All individual events will be seeded and swum as 8&U but will be awarded separately by age: 8, 7, and 6&U.  
3. All relay events will be seeded, swum and awarded as one age: 8&U.
MISCELLANEOUS

Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of $10/individual event & $20/relay event per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.

PROOF OF TIMES

Entry times must be from a sanctioned, approved or observed meet. Proof of time ☐ is ☑ is not required for this meet. HOWEVER, Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic USA Swimming and Middle Atlantic Swimming policy.

SEEDING

This meet will be pre-seeded with the exception of the event(s) noted below.

AWARDS

Event awards: Event awards will be provided for the 8, 7, and 6&U age-groups. Awards provided as follows:
- Individual Events: 1st - 16th place in each Division (A/BB/C) will be awarded for each individual event.
- Relay Events: 1st - 3rd place will be awarded for each relay event. Swimmer names must be provided with meet entries to receive awards

SCORING

There will be no scoring kept for this meet.

PROGRAMS AND ADMISSION

Programs/heat sheets will be sold by ☑ session ☐ entire meet. Meet mobile ☐ will ☑ will not be available. Admission is $5/person per day. Children under 9 years old admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.

MISCELLANEOUS

All swimmers must be registered prior to the start of the meet. Onsite registration WILL NOT be accepted by the Meet Director.

Deck Entries: Any swimmers deck entering events must deck enter no later than :30 minutes before the start of the session. Unless the swimmer is unattached, all deck entries must be submitted by the coach. Relay deck entries require names of four swimmers already registered for the meet. Payment is required at time of entry, no exceptions.

During the Mini Meet sessions on Saturday and Sunday, a distance meet session (11&Over 400IM & 1650FR on Saturday and 8&O 500FR on Sunday) will be conducted in the deep pool (Pool A). Additional pool deck access/restrictions may be put in place to ensure the other meet does not interfere with the Mini Meet.

The Meet Director reserves the right to alter session warm-up and start times as well as which pools enters will be conducted in during the meet in order to efficiently conduct the meet and maintain the timeline in accordance with USA Swimming and Middle Atlantic Swimming policy. All teams will be promptly notified of any changes to the session times and/or meet timeline.

<table>
<thead>
<tr>
<th>SESSION</th>
<th>WARM-UP TIMES</th>
<th>MEET STARTS</th>
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</thead>
<tbody>
<tr>
<td>1 (Sat, Dec 10)</td>
<td>12:00 PM</td>
<td>12:30 PM</td>
</tr>
<tr>
<td>2 (Sun, Dec 11)</td>
<td>12:00 PM</td>
<td>12:30 PM</td>
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WARM-UP INFORMATION

USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.

Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet. Sprint/Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.

The referee may remove anyone from the warm-up for failure to comply with warm-up rules

DECK PRIVILEGES

Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.

Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.
## RACING START CERTIFICATION

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.

## QUALIFYING TIMES

Qualifying Times (if applicable) are shown on the attached Meet Structure.

## MEET/DECK REFEREE

The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.

## MEET MARSHALS

Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals’ instructions.

## RULES:

This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer’s next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.

Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages.

No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area.

## DISABLED SWIMMERS

Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

## PROTESTS

A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator.

## PHOTOGRAPHY

**Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT**

In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA’s, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers/videographers are not permitted on deck at any time.

As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee’s decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.

## DECK CHANGING

Except where the venue facilities require otherwise, changing, into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The USA Swimming Rulebook defines Deck Change as: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity.” This includes slipping off the top of a one-piece performance suit to place on an alternate bikini top immediately following a race.

## DIRECTIONS

The Gloucester Institute of Technology (GCIT) is located at 1360 Tanyard Road in Sewell, NJ. 08080. Directions are also available on the MA website: www.maswim.org

From the South (Delaware Memorial Bridge or Commodore Barry Bridge): Take I-295 North to Exit 21 onto Delaware Street and continue through Woodbury. Turn right at traffic light onto Evergreen Avenue. Turn left at next traffic light onto Egg Harbor Road (this road is actually labeled “E. Barber” Rd). Continue approx. 3 miles to the next traffic light. GCIT is on the left at the bottom of the hill beyond the traffic light.

From the North (I-295): Take I-295 South to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.
From the North (NJ Turnpike): NJ Turnpike South to Exit 4. Take Rt 73 North to I-295 South. Take I-295 South to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.

From the West (PA Turnpike): Take PA Turnpike east into NJ. Take NJ Turnpike South (towards Delaware) to Exit 4. Take Rt 73 North to I-295 South. Take I-295 South to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.

From the West (Philadelphia and the Walt Whitman Bridge): Take I-76 East to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.

From the South (Jersey Shore): Take Route 55 North to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.

**ACCOMODATIONS**

Please contact the meet director if you require local hotel information.