<table>
<thead>
<tr>
<th><strong>Meet Sanction #</strong></th>
<th><strong>NJ Swimming Sanction – NJS110616SC</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction.</strong></td>
<td></td>
</tr>
<tr>
<td><strong>It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</strong></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Date of Meet:</strong></th>
<th>6 November 2016</th>
</tr>
</thead>
</table>
| **Location:** | Ridgewood YMCA  
112 Oak Street  
Ridgewood, NJ 07450 |
| **Facility Info:** | Habernickel Pool is a six-lane, 25 yard pool with Kiefer non-turbulent lane dividers and Paragon starting blocks. There is limited seating in Habernickel and swimmers will stay in the gym between events. Each team will be responsible for chaperoning their swimmers while they are in the gym. The gym will be cleared of swimmers and parents no later than 11:45 AM to allow YMCA programs to use the gym. The depth at the starting end is 8 feet and the depth at the turn end is three feet.  
**Grannon Pool will be closed throughout the warm-up and meet.** |

| **Pool Certification Statement:** | The competition course has not been certified in accordance with 104.2.2C(4). This rule requires that pools where World and National records are established need to be certified as to their compliance with pool length requirements of that rule. Times from this meet will be included in SWIMS so long as the swim is one of the standard events recognized by USA Swimming. |

| **Host Team Contact:** | Bud Rimbault  
Phone: 201.444.5600 x319  
Email: brimbault@ridgewoodymca.org |
|------------------------|-----------------------------------------|
| **Meet Director:** | Bud Rimbault  
Phone: 201.444.5600 x319  
Email: brimbault@ridgewoodymca.org |
| **Meet Referee:** | Ed Miller  
Phone: 201.387.1696  
Email: caefmillerii@msn.com |
| **Administration Official:** | Naveen Sarma  
Email: sarman@optonline.net |
| **Safety Marshall:** | Adam Van Brandenburg  
Phone: 201.444.5600 x319  
Email: brimbault@ridgewoodymca.org |
| **Entry Coordinator:** | Bud Rimbault  
Phone: 201.444;5600 x319  
Email: brimbault@ridgewoodymca.org |
| **Entries Open:** | **Immediately** |
| **Entry Deadline:** | **October 23, 2016** |
| **Swimmers Age:** | Age for this meet is as of November 6, 2016 |
| **Entry Fees:** | Individual Entry Fee: $ 4.00 |
| **Meet Course:** | **Short Course Yards (SCY)** |
| **Meet Format:** | • This meet will be run in accordance to current USA Swimming Rules.  
• This meet will be run as a timed final meet.  
• This meet will be pre-seeded with all lanes and heats listed in the meet program.  
• Should a swimmer ‘no show’ for an event, the decision to accommodate another opportunity for the missed swim shall be at the discretion of the Meet Referee. Best efforts will be made but there can be no guarantee. |
| **Entry Limits:** | Individual events per day - 3  
**Maximum Meet entry Limit: 3** |
| **Checks Payable To:** | Ridgewood YMCA |
| **Email Entry Files To:** | brimbault@ridgewoodymca.org |
| **Mail Checks/Reports** | Bud Rimbault  
112 Oak Street  
Ridgewood, NJ 07450 |
GINGERBREAD MAN MINI MEET
SUNDAY 6 NOVEMBER 2016
SCHEDULE OF EVENTS

<table>
<thead>
<tr>
<th>Girls Ext. #</th>
<th>Age Group Event</th>
<th>Boys Ext. #</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>8 &amp; Under – 50 Freestyle</td>
<td>#2</td>
</tr>
<tr>
<td>#3</td>
<td>7 Year Old - 25 yd. Freestyle</td>
<td>#4</td>
</tr>
<tr>
<td>#5</td>
<td>6 &amp; Under – 25 yd. Freestyle</td>
<td>#6</td>
</tr>
<tr>
<td>#7</td>
<td>8 Year Old - 25 yd. Breaststroke</td>
<td>#8</td>
</tr>
<tr>
<td>#9</td>
<td>7 &amp; Under - 25 yd. Breaststroke</td>
<td>#10</td>
</tr>
<tr>
<td>#11</td>
<td>8 Year Old – 25 yd. Freestyle</td>
<td>#12</td>
</tr>
<tr>
<td>#13</td>
<td>6 &amp; Under – 25 yd. Backstroke</td>
<td>#14</td>
</tr>
<tr>
<td>#15</td>
<td>7 Year Old – 25 yd. Backstroke</td>
<td>#16</td>
</tr>
<tr>
<td>#17</td>
<td>8 Year Old – 25 yd. Backstroke</td>
<td>#18</td>
</tr>
<tr>
<td>#19</td>
<td>7 &amp; Under – 25 yd. Butterfly</td>
<td>#12</td>
</tr>
<tr>
<td>#21</td>
<td>8 Year Old – 25 yd. Butterfly</td>
<td>#22</td>
</tr>
<tr>
<td>#23</td>
<td>8 &amp; Under – 100 IM</td>
<td>#24</td>
</tr>
</tbody>
</table>

Meet Schedule:
The Ridgewood Y will open at 6:30 AM.
Warm Up: 6:45 A.M. (Split Warm-ups: three 25 minute warm-ups divided by teams with the last 10 minutes of each warm-up sprints lanes. Session Start Time: 8:10 AM.

Sunday, 9 November 2014
<table>
<thead>
<tr>
<th>Warm-up</th>
<th>Start</th>
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<tbody>
<tr>
<td>Session 1</td>
<td>8&amp;Under Girls &amp; Boys</td>
</tr>
</tbody>
</table>

Scoring: This meet will not be scored
Awards: Medals will be awarded for the top 3 swimmers in each individual event.
Starts: There will be no over the top starts used at this meet.
Admissions and Programs: Admission will be $5.00 per adult, children 12&under are free.
There will be no program for the meet. Heat and lane assignment will be posted to TouchPad’s Live Link which may be accessed by smart phone or tablet.
Concessions: There will be a concession stand with healthy and refreshing food and drinks available throughout the meet.
Vendor: There will be no vendor at this meet.

Entry Information:
• All entries must be Hy-Tek program entries as an attached file to an e-mail.
• The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer’s responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.
• An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry.
• Accuracy of seed times is essential. Incomplete entries will not be accepted.
• Deck entries will not be accepted. No phone or faxed entries will be accepted. Team entries will be sent to each team via email.

Entry Times:
• New Jersey Swimming does not allow ’NT’ or ’No Time’ to be used as an entry time.
• All entry times must be in short course yards.

Swimmer Eligibility:
• No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
• All swimmers must be listed on a team’s official entry form to be eligible to participate in this swim meet.
• All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team’s official waiver entry form.
• There are no time standards for this meet.
| Host Club Responsibilities: | • The host club will provide all timers for each lane throughout the meet.  
• The host club will e-mail all club entries back to the participating clubs.  
• The host club will create a warm-up schedule that will be fair and equitable to all teams.  
  This warm-up schedule will be e-mailed to all participating clubs no later than 1 week before the meet.  |
| --- | --- |
| Participating Club Responsibilities: | • Participating club parents must stay off the pool deck.  
• Participating clubs should help with officiating whenever possible.  List the club contact for club officials on the meet summary.  |
| Coaches Eligibility: | • All coaches “on the deck” must be current coach members of USA Swimming.  
• Coaches must show coaching card for entrance to facility.  
• Coaches must show coaching card before picking up any meet information or scratch sheets.  
• Coaches must have coaching card visible at all times while on deck.  
• Coaches must have a visible coach’s card when entering hospitality area or when asking for food at concessions.  |
| Meet Format Waiver: | The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman.  These changes would be made for a more efficient swim meet for the swimmers and the host club.  Reasons for these changes include:  
  • To allow more swimmers to swim.  
  • To conform to facility capacity limits or for facility safety concerns.  
  • To condense the meet into smaller time frame.  |
| Warm-up Procedures: | • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines.  
  Warm-ups will include general warm-up lanes and sprint lanes.  
  • All swimmers must enter the pool from the starting end of the pool.  
  • New Jersey Swimming officials will monitor warm-ups.  
  • All general warm-up lanes will swim in a counterclockwise direction.  
  The warm-up sessions will be three 25-minute warm-ups divided by teams.  |
| Check-In: | There is no check-in for this meet.  This is a pre-seeded meet.  Swimmers will marshaled in the Gym and brought into Grannon Pool to put them into heats and lanes and then they will be led into Habernickel Pool for their event.  |
| Internet Website Posting: | Meet Information and the Hy-Tek HYV will be posted on [www.njswim.org](http://www.njswim.org) and [www.teamunify.com/njrybst](http://www.teamunify.com/njrybst)  |
| Results: | The TM meet results file will be e-mailed to all participating teams  |
| Admissions and Programs: | Admission will be $5.00 per adult, children 12&under are free.  
  There will be no program for the meet.  Heat and lane assignment will be posted to TouchPad’s Live Link which may be accessed by smart phone or tablet.  |
| USA-S Racing Start Certification Statement: | Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water.  When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.  |
| Audio/Visual Recording Statement: | Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.  |
| USA-S Deck Change Policy Statement: | Deck Changes are prohibited  |
| Meet Requirement Statement: | In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements.  As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.  |
| Directions: | Take the Garden State parkway north to exit 163.  Then take Rt. 17 North to the Linwood Ave. /Ridgewood exit.  Continue over Rt. 17 on Linwood Ave. to the end.  At the flashing light turn left, the YMCA will be a block and a half on the right.  Turn right into the parking lot.  |
Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Ridgewood YMCA and the Ridgewood YMCA Swim Team and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form for the Gingerbread Man Mini Meet on November 6, 2016 are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code

Signature of Coach and/or Parent/Guardian

Telephone __________________________ E-Mail Address __________________________

Name(s) of Coach(es): __________________________

Name/E-Mail/Phone Number of person to contact regarding this entry:

NAME/E-Mail/Phone Number of person to contact regarding timers/officials:

ENTRY ___________ Individual Event Entries @ $4.00 = $______________

FEE

SUMMARY: TOTAL ENTRY FEES = $______________

MAKE CHECKS PAYABLE TO: Ridgewood YMCA

Article 302.4 of the USA Swimming Rules and Regulations
False Registration: An LSC may impose a fine of up to $100 per event against a member coach or a member club’s representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

List all Unattached Swimmers:

Unattached Swimmer ____________________________, Unattached Swimmer ____________________________

Unattached Swimmer ____________________________, Unattached Swimmer ____________________________

Unattached Swimmer ____________________________, Unattached Swimmer ____________________________